# Prayer Request Text

# MULTIPLYING MANTRA

# OM SAMBHARA SAMBHARA VIMANA SARA MAHA JAVA HUNG OM MARA MARA VIMANA SARA MAHA JAVA HUNG $(7{\rm x})$

# BLESSING THE ROSARY

# OM RUTSIRA MANI PRAWA TAYA HUNG (7x)

TAKING REFUGE & GENERATING BODHICITTA

I take refuge in the Guru I take refuge in the Buddha I take refuge in the Dharma I take refuge in the Sangha (x3)

In the Buddha, Dharma and Sangha Until enlightened, I seek refuge. Through giving and other perfections, To aid all, may I become Buddha! (x3)

# THE FOUR IMMEASURABLES

May all sentient beings have happiness and the causes of happiness! May all sentient beings be free of suffering and the causes of suffering! May all sentient beings never be parted from happiness free of suffering! May all sentient beings abide in equanimity free from bias, attachment and aversion! (x3)

MIGTSEMA

MIG MEY TSE WEY TER CHEN CHENREZIG DRI MEY KHYEN PEY WANG PO JAMPEL YANG DÜ PUNG MA LÜ JOM DZEY SANG WEY DAG GANG CHEN KHE PEY TSUG GYEN TSONGKHAPA LO ZANG DRAG PEY ZHAB LA SÖL WA DEB (x21)

# INVOCATION TO DORJE SHUGDEN

Before myself as the Yidam deity, In the midst of a wind swept dark red fire, On a terrifying magnificent lion, Trampling enemies and obstructors on a lotus and sun, Is our supreme heart-jewel, Dharmapala, Mighty Gyalchen Dorje Shugden, Adorned with robes of a monk on his body, Wearing the golden domed hat on his head, Holding razor sword and enemy heart in his hands, With a manner of delight towards the practitioner, And a fierce expression which destroys enemies and obstructors, He is surrounded by an ocean-like host of retinue Such as chief attendant, Kache Marpo. Rays of light from my heart invite From the natural sphere And the individual palaces wherever they abide, The wisdom beings who in one instant are invited And become inseparable with the commitment beings.

With devotion I prostrate with body, speech and mind, and make offerings, Both outer and inner, with flowers, incense, and light, perfume, food, flesh and blood, Collections of tormas, beer, tea, buttered tsampa, milk, and yogurt, Actually arranged and mentally visualized, filling the whole of space.

Samaya substances, fulfillment substances, basal substances, and mantric substances, Outer, inner, and secret favourite visual objects and fragrant smoke offering; With my offering of these, filling space, O entourage, May you be satisfied and restore degenerated commitments!

All of our mistaken actions of body, speech, and mind, Which have contradicted the mind of the great Dharmapala, We confess from the heart; quickly purify them And care for us with compassion like a mother for her child!

This heart-felt exhortation of you, supreme deity, Is to spread and increase the Victorious Lobsang's tradition, To extend the life and dominion of the glorious Gurus, And to increase the study and practice of the communities of Sangha.

Never separated from me, like my body and its shadow, May you dispel adverse conditions and obstructors without exception, Accomplish favourable conditions and desires as I wish, And protect and care for me without ever a break! Especially, the time has now come to show directly Your unobstructed might in quick, decisive enlightened conduct Of the four activities to swiftly accomplish Our deepest heart-felt desires according to our wishes!

The time has come to judge the truth in accord with the law of causality! The time has come to clear the innocent of accusations! The time has come to protect the humble who are without a protector! The time has come to nurture Dharma practitioners like your children!

In short, from now until attaining the essence of Enlightenment, Since we venerate you as the embodiment of the Guru and Protector, May you protect us uninterruptedly with your enlightened activity, And watch over us during the three periods of day and three of night!

## MANTRA RECITATION

From the heart syllable of myself visualized as the Yidam light rays emanate. They strike the HUM syllables and surrounding mantra garlands which, matching each deity in colour, stand upon the sun seats at the hearts of Dharmapala Gyalchen Shugden's five fierce families, exhorting them, without choice, to perform whatever desired peaceful, increasing, powerful, or wrathful activity, without obstruction.

Dorje Shugden Mantra OM BENZA WIKI BITANA SOHA! (x108)

Entourage Mantra OM DHARMAPALA MAHA RADZA BENDZA BEGAWANA RUDRA PANTSA KULA SARVA SHATRUM MARAYA HUM PHAT! (x7)

### KAWANG (CONFESSIONAL PRACTICE)

#### HUM!

GANG GAY GYÜN TSUNG NYING TRAG CHÖ YÖN DRENG NAM TRA WANG PÖ METOG DÜ TRIN TRIG TRI CHEN DRI CHAB SHA RÜ KANG LING DRA ZAG ME DÜTSI GYATSO GYE ZHIN ZHE ZHEN YANG DÖ YÖN GYEL SI RINCHEN DÜN CHANG SHE TA LANG JIG RUNG YAG LUG KYI NGUR MIG LA GÖ SA TEN GO TRAB PUB DA DUNG REL DRI CHI NANG SANG WAY TEN JIG TEN DE DANG MA DE CHÖ TRIN GYI DORJE SHUGDEN NANG SI DREG PAY TSOG TUG DAM KANG ZHING NYAM CHAG SÖ GYUR CHIG KYE PAR DAG CHAG MA RIG ZHEN WANG GYUR GO SUM JA WAY NYE TSOG CHI CHI PA SUNG MA KYE KYI TUG DANG GEL GYUR PA TAMCHE NONG ZHING GYÖ PAY SEM KYI SHAG ZHEN YANG TEN SUNG CHENPO KOR CHE LA DAM TSIG LE DE NYEN DRUB CHÖ TOR SOG NELJOR DAG CHAG NYAM CHAG CHI CHI NAM KOR SUM MIG ME YING SU SHAG PAR GYI (x3)

SERKYM (GOLDEN DRINK OFFERING) OM AH HUM (x3)

#### HUM!

Gurus who rain down accumulations of excellence fulfilling our own and others' purposes,

And Yidams who bestow all ordinary and supreme attainments, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes!

O all hosts of heroes and dakinis of the three places, And ocean of powerful, oath-bound Dharma Protectors, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes!

And especially, supreme, supramundane Dharmapala, Forcefully powerful, strict, and swift Dorje Shugden, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes! (x7)

O five families who unobstructedly bestow Infinite activities of peace, increase, power, and wrath, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes! O nine beautiful consorts, eight guiding monks, And ten fierce, attendant young guardians, and so on, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes!

Especially, principal guardian of the Conquerors' Teachings, Setrap Chen along with entourage to you This golden drink replete with all one could wish is offered: Never waver in your protection! (x7)

O extremely fierce Kache Marpo, the strict attendant, Executioner of those with degenerated samaya, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes! (x3)

Vow-breakers' heart-blood purified like gold, This drink of fully boiling serkyem, I offer to Namka Bardzin and entourage Accepting, accomplish the yogi's intended purpose!

As well as the inconceivable emanations and their emanations, Attendant deities and demons who shake the three thousand worlds, Through offering you this ambrosial drink which bestows bliss, May you, having partaken, swiftly and spontaneously accomplish our wishes!

Thus, by the force of this offering and exhortation, May you grant your activity throughout the six time periods, And, without wavering, always protect me And care for me like a father for his son!

And you hosts of wrathful attendants, as well, Remember your sworn oaths of promise to Lord Dültzin And accomplish swiftly now, without distraction, Whatever activities I have requested!

## SANGSOL (INCENSE OFFERING)

#### HUM!

Visualising myself as the yidam, from the heart, Light emanates clearing all faults from incense, Scent having the five desirable qualities complete in perfection, Granting uncontaminated bliss fills the extent of awareness.

OM AH HUM (x3)

#### HUM!

Root and lineage gurus, Three Jewels, Dakas, Dakinis and Dharma Protectors, Especially Dorje Shugden and retinue, By boundless magical power come here.

Also, birth, warrior and patron deities, Local deities, spirits and guardians with the eight classes, Assembly of guests worthy of offering Please come here.

Each happily dwelling on their seats For the sake of fulfilling the yogi's entrusted activities, Outer, inner clouds of offerings, commitment substances and presents, Accept these and accomplish the entrusted activities.

## KYE!

Agar, sandalwood, six medicinal ingredients and plants, By the smoke cloud from the burning wisdom fire completely filling the sky, Purifies the root and lineage Lamas, Yidams and Three Jewels. Purifies the Dakas, Dakinis and Dharma Protectors.

Purifies especially the Chief Dharma Protector of Conqueror Manjunatha Dorje Shugden and four cardinal emanations. Purifies birth, war and five patron gods. Purifies local deities, spirits, guardians and the eight classes.

By the power of offering incense to worthy guests May all obscurations of quarrel and samaya be purified. May lifespan, merit and power all increase. Pacify all diseases to humans and animals, famine, war and dispute.

May the crops be good and the rain be timely. Conquer classes of demons of the dark side, increase the positive, And having befriended spontaneously and effortlessly, Attain all goals just as wished.

## KI KI SO SO, LHA GYEL LO!

HUM! Being pleased and satisfied, guests return to their abodes, Returning again upon request for activities. By this virtue may I myself and all mother beings Have perpetual auspiciousness of happiness and benefit.

#### ENTHRONEMENT

#### HUM!

With the Vajradhara root and lineage masters, The assembly of Yidams who grant all realisations, And Protectors who remove all obstacles, We recognise you as a king among *thrinlay lhundrub*.

Your dark-red form blazes like a hundred suns. You appear as a youthful monk in the triple robes. You wear a gold-hued *thehzha* on your head. I recognise you as the Protector of all *chokhors*.

Merely by recalling whose name, Who could emanate a million divine hosts, That can reduce to dust all malignant forces: With the divine sandalwood *bheng*, we recognise you as such.

You are the fierce and mighty Dorje Shugden, Who sustains *tenpa* and *tenzin* like son, And swiftly fulfils all four tasks: I recognise you as my constant *dralha*.

In short, I entrust all my concerns both right and wrong, To you, great Dharmapala. Protect us day and night with vigilance. At all times and places, grant propitious factors.

### COMPLETION DEDICATION

Precious supreme Bodhimind, May it, where unborn, arise And, where born, never decline, But increase forever more!

Precious view of Shunyata May it, where unborn, arise, And, where born, never decline, But increase forever more!

May whatever virtue that I have gathered here, Bring benefit to all beings and the Dharma, And may it make Venerable Losang Drakpa's Essence teachings specially shine forever!

#### Prayer by Je Tsongkhapa

In all lives may I never be parted From perfect Gurus and may I enjoy the glory of Dharma. By perfecting the qualities of the paths and stages, May I quickly attain the state of Vajradhara!

#### Dedication of Virtue

Through this virtue may I swiftly Attain the Guru Deva's state, And place each and every being, Without exception, in that state!

May all obstacles be pacified And all good conditions be complete For the fully pure Dharma system Of Dharma King, Tsongkhapa, to flourish!

Because of the combined two accumulations Of myself and others in the three times, May the Teachings of the Conqueror Tsongkhapa Losang Drakpa, brightly blaze forever!

#### Auspicious Dedication

May all be auspicious, day and night! May auspiciousness increase both day and night Like the sun rising to its highest in the heavens! Three Jewels of Refuge, please bless us! Three Jewels of Refuge, please bestow attainments! May there be auspiciousness of the Three Jewels!

### Dedication for the Guru's Long Life

May the Venerable Guru's life be completely stable, May pure deeds spread to the ten directions, And may the lamp of Lama Tsongkhapa's Teachings, Always remain, dispelling the darkness of the ignorance of beings!

#### Dedication for the Long Life of H.H. the 14th Dalai Lama

In this land encircled by snow mountains, Source of every benefit and joy, May Lord Tenzin Gyatso, Chenrezig, Remain in this life until samsara's end!

## Request for Attainments

HUM! Grant me here and now, Appropriate attainments without exception! Grant increase of the entourage, teachings, and wealth, Omighty Shugden!